

WHO IS TYPICALLY INVOLVED IN THE PROCESS?

- ◆ Parents or caregivers
- ◆ The student
- ◆ Teachers
- ◆ Psychologists
- ◆ School support staff
- ◆ Principal
- ◆ Learning support teacher
- ◆ Director of Learning



WHAT COMES AFTER THE REPORT IS COMPLETE?

During the follow-up meeting with you, your child's academic team, and myself, we will brainstorm and strategize what types of supports and services may be useful in setting up your child for success. Your child's school will keep a copy of the assessment in your child's cumulative record so future teachers and support staff will also know how to best support your child. I keep all assessment materials for 10 years after the assessment is complete so we can continue to revisit the results and collaborate in the future as your child moves through their academic career successfully.



Horizon School Division No. 67
6302 - 56 Street
Taber, Alberta T1G 1Z9
www.horizon.ab.ca

AN ASSESSMENT
CANNOT GUESS THE
FUTURE, IT CAN
INSTEAD PREPARE
CHILDREN BY
HELPING THEM
LEARN TODAY.

UNDERSTANDING PSYCHOEDUCATIONAL ASSESSMENTS



Information from the
Horizon School Division



WHAT IS A PSYCHOEDUCATIONAL ASSESSMENT?

Psychoeducational assessments are specialized assessments that are aimed at gaining a deeper understanding of student's abilities in a variety of areas including cognitive, academic /achievement, functional living skills, emotional, psychological, and behavioural. Psychoeducational assessments are used to inform appropriate individualized accommodations and adaptations to support students' success.

WHO WILL DO THE ASSESSMENT?

Psychoeducational assessments are completed by a Registered Psychologist with specialized training and experience providing assessments and supports for students at school.

My name is Daelynn Takasaki and I am contracted to complete psychoeducational assessments for Horizon School Division. I am a Registered Psychologist with the College of Alberta Psychologists #3420.



If you have any questions about your child having a psychoeducational assessment you can reach me at:

(403) 331-9762 or
daelynn.takasaki@horizon.ab.ca

WHAT DOES IT INVOLVE?

A typical psychoeducational assessment includes:

1. **Consent:** A parent/guardian you will be asked to provide consent to have this assessment completed.
2. **School Visit(s):** Depending on the age of your child and their specific needs, I may observe them in their classroom environment. I will also review their cumulative school record and speak with their teacher and other school professionals.
3. **Individualized Assessment:** I will meet with your child one-to-one and complete standardized assessments with them which will provide me with information about their cognitive, academic, and behavioural capabilities.
4. **Questionnaires:** Since I only spend a small amount of time with your child, I will ask parents/guardians, school staff, and sometimes the student themselves to fill out forms to give me a bigger picture to help me better understand your child's strengths and struggles.
5. **Write Up and Follow Up Meeting:** After meeting with your child and receiving all of the forms back, I will write a report based on my observations and findings. This report will be shared with you and the school in a follow up meeting where we will discuss the results, the recommendations and supports to best support your child's learning and overall well-being.

ARE THERE ANY RISKS?

Some individuals may experience test-related anxiety or performance anxiety before or during an assessment. I will do my best to provide ample time and a comfortable space to assist students who may experience this discomfort or distress. Assessment results may be surprising and reveal unanticipated areas of difficulty or concern. All assessment reports will be reviewed in detail with parents/guardians as well as school personnel and recommendations will be made to support individual needs. You will have the opportunity to ask questions or discuss any concerns you may have during this review meeting.

WHAT ARE THE BENEFITS?

If your child has been referred for an assessment it means you and/or the school have noticed your child is struggling academically, behaviourally, and/or emotionally. The primary purpose and benefit of a psychoeducational assessment is to obtain a more in depth and detailed understanding of your child's relative strengths and difficulties. This understanding will better inform individualized recommendations for supporting your child's success. The information obtained from assessment reports can be used to support school accommodations, access programs and services, guide medical and mental health professionals in their provision of services, and aid in personal understanding.

